



2013 SUMMER TEEN ACTIVITY GUIDE FOR SOUTH SB COUNTY



LEARN NEW SKILLS, MEET NEW FRIENDS, GET SUPPORT, AND HAVE FUN THIS SUMMER!

For updates on this guide, please email CADA's Youth Service Specialist (YSS) program: yss@cadاسب.org

ALATEEN: www.alanonsantabarbara.info (805) 963-1433 x103 Support group for teens who have been affected by someone else's alcohol abuse. Teens learn that they are not alone in dealing with alcoholism in the family (1 in 4 youth lives in a home affected by alcoholism). In a supportive environment teens learn tips from each other on how to make their lives better, in addition to learning the **seven C's**: they didn't **C**ause it, they can't **C**ure it, they can't **C**ontrol it, although they can take **C**are of themselves by **C**ommunicating feelings, making healthy **C**hoices, and **C**elebrating themselves. Tuesday evenings 6:00 - 7:00 @ Daniel Bryant Youth and Family Treatment Center 1111 Garden St., S.B. 11-18 years old welcome- no cost- no need to register beforehand- Just show up!

AHA! ACADEMY OF HEALING ARTS: www.ahasb.com (805) 882-2424 Ext. 309 AHA! is for teens aged 14-19. The summer program offers fun experiential activities that include Social Emotional Learning, Diversity Appreciation, Racism, Restorative Justice, Team Building, Future Visions, Dream Exploration, Movement, Community Service Projects, Beach Days, Meeting New Friends and of course having a lot of FUN!!! Earn up to 50 hours of community service! Dates: June 24- August 1, Mondays-Thursdays 2:00-5:00 PM, 6 week Program.

BOYS & GIRLS CLUB of Santa Barbara (Downtown) offers programs from 8 – 5:30 pm focusing on development in arts, education, music, sports, health and recreational activities for youth ages 6-18. Membership is \$20 per year. Summer Camp fees are \$50 per week or \$15 per day and includes lunch and snack and most field trips. Please visit www.boysgirls.org for registration and more information on our services for youth in our community. Boys & Girls Club of Santa Barbara (805) 962-2382; 632 E. Canon Perdido, Santa Barbara

CARPINTERIA CARES FOR YOUTH (CARP CARES) is a grassroots task force in Carpinteria that aims to support youth and their families through advocacy, education, collaboration, and information dissemination. On Tuesday, **June 18th**, from 10 am - 5 pm @ 855 Linden, there will be a **FREE Teen ArtFest** going on with lots of free workshops including: Photography, Mural Art, Collage Art, Watercolor Painting, Jewelry Making, Japanese Anime, Stand Up Paddling & Kayaking, "Fimo" Clay and more. Also on Friday, **June 21**, 5 - 7:30 pm there will be a **Student Art Show with FREE food and music by DJ Hecktik, and Open Mic / Poetry**. For more details and to register, visit www.carpcares.org or call 805/453-0461 or email: carpcares@gmail.com

CARPINTERIA PARKS AND RECREATION: <http://www.carpinteria.ca.us/PDFs/Guide.PDF> 805-684-5405 X 432. Offers many different activities for teens- swimming, classes, organized sports, and more.

DIFFERENT POINT OF VIEW www.adifferentpointofview.org (805) 698-6784 A Different Point of View is an organization whose mission is to Engage, Inspire and Transform youth into successful and positive leaders of the future. Using a flight lesson as a launching pad we show these youth, many who have never been farther than their neighborhood, that their world is bigger than they know and has more to offer than they can imagine. If youth are interested in becoming a pilot- A Different Point of View pairs mentor pilots with youth. The first flight is free! Call for more information.

FRANKLIN YOUTH DROP-IN CENTER 1136 East Montecito Street 897-2582 Summer Hours: 12 – 5 pm. Drop in center for teens. Pool table, computers, video games, movies or just a place to hang out with friends. Some special activities for the summer include cooking classes and arts & crafts.

FUN IN THE SUN (FITS) <http://www.unitedwaysb.org/fits> FITS is a free summer enrichment program that provides a safe and supportive environment for youth from 3rd-9th grade and incorporates a service-learning program that engages all students (students who will be enrolled in grades 6-9 during the fall) in community-based service-learning projects that are intensive, structured, supervised, and designed to produce identifiable improvements to the Santa Barbara community. For summer 2013, FITS will take place June 24th to August 9th, from 8:30am-4:30pm, Mon- Fri. For more info contact, Kevin Battle, FITS Coordinator, at kbattle@unitedwaysb.org.

FUTURE LEADERS OF AMERICA www.futureleadersofamerica.org 805-642-6208 Gabriela Rodríguez. Provides a summer leadership camp for students going into 9th or 10th grade. The camp takes place August 18-23rd, 2012 at Rancho Alegre in Santa Barbara. Applications are due May 15th, 2013 – although late applications will be accepted based on availability. At the camp, teens learn to better develop leadership skills they might not even know they have. Students learn Public Speaking skills, Parliamentary Procedure, how to get to college, goal setting, communicating in an assertive way and much more. There is a \$40 confirmation fee to reserve your spot after being accepted and scholarship opportunities are available. Students must have a 2.8 GPA. Email: flainfo@futureleadersofamerica.org

FRIDAY NIGHT LIVE LEADERSHIP COALITION <http://cadاسب.org/youth-services/friday-night-live-club-live.aspx> offers community service hours for high school youth representing the communities of Santa Barbara, Isla Vista, and Goleta. FNL Leadership participants make a difference by working on alcohol, tobacco, other drugs and violence issues in their school and community. Weekly meetings are held throughout the summer on Mondays from 4pm to 5:30pm and as projects require. FNL Leadership applications will be accepted through September 30th for the 2013-2014 school-year. For more information please contact Luis Gomez at lgomez@cadاسب.org or call (805) 963-1433.

GIRLS INC. www.girlsincsb.org 531 Ortega Street, SB (805) 963-4017; 4973 Hollister, Goleta (805) 967-0319 Sliding scale fees apply.

HOUSING AUTHORITY'S CITY OF SANTA BARBARA YOUTH SERVICES: <http://www.hacsb.org/cm/resident-services/youth-programs.html> 805-897-1044 Programs for youth (6 – 18 yrs) living in Public Housing or Section 8: "Flag football", "Youth Soccer", "CASA Camp", "Summer Reading Program", "Teen Night", "Arroyo Gardens", "Choices" and "Girl Scouts". Programs are free. They also provide programs for the disabled & families- including family counseling and more! Call for more info.

ISLA VISTA TEEN CENTER YMCA: www.ciyymca.org 805-685-9170 located at 899 Camino del Sur, Isla Vista, CA. IVTC serves youth in 6th - 12th grade offering educational, recreational, cultural and leadership opportunities. **IVTC is drop-in** and houses pooltables, ping pong table, a large screen TV, Wii, and 5 computers with printing and internet capabilities. Recreational programming includes tournaments, monthly late nights, teen lock-ins and field trips. This summer they're offering **NUESTRA VOZ Theatre Camp** July 2nd - July 27th Mon - Fri 10 – 1 pm, lunch included. Group meets at IV Teen Center and camp is held at UCSB Theatre and Dance Department. Camp is free! Priority given to Isla Vista and Goleta residents. The Center also has a variety of volunteer and community service opportunities for both youth and adults including this summer: **TEEN CERT-Community Emergency Response Team training**, July 22- July 26th, 5 hours 5 day certificated program. Learn and gain skills on disaster preparedness and earn community service hours! Please call or email to register and for specific summer hours: Luis Ortega at Luis.Ortega@ciymca.org or 805-685-9170.

JUST COMMUNITIES: Just Communities will host the CommUnity Leadership Institute (CLI), an engaging camp retreat that helps high school youth from the Central Coast to understand diversity and social justice & prepares them to take actions that promote equality and inclusion. The 8-day residential program is a unique opportunity for young people from diverse backgrounds to explore their identities, confront discrimination, learn advocacy skills, and acquire tools to be leaders for justice in their schools & communities. This year CLI will be held August 3-10, 2013. 9th, 10th, or 11th graders are eligible and encouraged to participate. Applications can be downloaded at www.just-communities.org. For additional info, contact Alan Goff @ 805.966.2063 agoff@just-communities.org

NOAH'S ANCHORAGE YOUTH CRISIS SHELTER: www.ciyymca.org/youthandfamilyservices/index.html (805) 963-8775 located at 301 West Figueroa St. A program of the Channel Islands YMCA. Offers 24-hour youth and family crisis intervention services for run away or at-risk youth ages 10-17. Residential and non-residential services are available along with family counseling, case management, food, and other basic need services. The average length of stay is between 3-7 days but can vary on need. Transitional and outreach services are also available for youth and young adults up to age 24.

NOTES FOR NOTES MUSICBOX STUDIOS: www.notesfornotes.org Music studio environments with full recording capabilities, packed with guitars, drums, ukeleles, keyboards/ synths, DJ equipment, production stations, and a vocal booth. Two locations in Santa Barbara: Boys & Girls Club of SB at 632 E. Canon Perdido St. and United Boys & Girls Clubs of SB County - West at 602 W. Anapamu St. MusicBox Studios are open Monday - Friday, 3 to 6 pm during the summer. We offer FREE access to music equipment and resources, instruction, and the ability to record a full demo CD. While MusicBOX programs are free to any youth, ongoing use requires a Boys & Girls Club membership at \$20 (sliding scale) for the year, giving youth full access to the club's other facilities. For more info, please email Kris Ehrman (632 E. Canon Perdido St.): kris@notesfornotes.org and Bre Wright (602 W. Anapamu St.): bre@notesfornotes.org, or for more general information, please write to info@notesfornotes.org.

PAL—POLICE ACTIVITIES LEAGUE: www.sbpal.org 805-962-5560. PAL offers scholarships for a variety of different summer camps in Santa Barbara in addition to year-round classes/programs such as soccer, basketball, art and hip-hop. In addition, High school students can become involved in the Youth Leadership Council as well as the Explorer Post, which offer opportunities for leadership and community service.

PORTRAITS OF SURVIVAL: www.portraitsofsurvival.org 805-957-1115 ext. #109 A permanent exhibit of 38 local Holocaust Survivors at the Jewish Federation of Greater Santa Barbara. We provide a free, 2-hour tour visit, which includes a short film, viewing the exhibit, and hearing first-hand accounts from 2-3 survivors. Tours are available for all teen programs or community groups working with ages 11 or older. Contact Corin Koren for tour group info at 805-957-1115 x109 The exhibit not only provides living history, as survivors tell their stories, but it also educates about discrimination, hate crimes and bullying, teaches about survival and perseverance in the face of hatred and provides encouragement and hope. Call for more info.

SANTA BARBARA BICYCLE COALITION: <http://www.bicicentro.org/youth> (805) 699 6301 June Cycling camps (Ages 10-14) Go green and safely experience the freedom of having a set of wheels. Learn bike skills, how to choose a route and fix a flat, and basic bike mechanics, while you navigate neighborhood streets. Get ready ready to ride to Junior High! Participants need a helmet & a bike in working condition. Teens who are interested but don't have a bike, please call 805 699 6301. June 10-14: Goleta Valley Junior High, 6100 Stow Canyon Rd., Goleta -- June 17-21: Santa Barbara Junior High, 721 E. Cota St., Santa Barbara. 9am-noon or 1:30-4:30pm. \$20/session. Scholarships are available.

SANTA BARBARA BOTANIC GARDEN: www.sbbg.org 805.682.4726 The Botanic Garden is a great place to learn about the importance of native plants and share your enthusiasm for the natural world. Become a teen counselor at **Camp Wildflower** summer day camp from 9:00 am - 3:00 pm Monday-Friday. Session One will be from July 15-19th, and Session Two July 22-26. Download the Teen Counselor Application online at <http://www.sbbg.org/learn-discover/youth-family/camp-wildflower>

SANTA BARBARA CITY COLLEGE: <http://www.sbccc.edu/dualenrollment/> 805-730-3020. Offers dual enrollment opportunities for high school students: 9th - 12th grade students concurrently enrolled in high school may register for SBCC classes and earn both high school and college credit. Courses are FREE for high school students; although they must pay the minimal Health and Transportation fees.

SANTA BARBARA FAMILY YMCA www.ciymca.org 805-687-7720 Ext 226. 36 Hitchcock Way, SB, CA 93105.

SANTA BARBARA MUSEUM OF NATURAL HISTORY AND TY WARNER SEA CENTER: <http://www.sbnature.org> (805)682-4711. The Museum and Sea Center are fun ways to get community service hours and learn about nature. If you are at least 14 years old, enjoy working with the public, and natural history, this might be for you! No experience is necessary and we train you! As a volunteer, you get free admission to the Museum and Sea Center and discounts on stuff at the store and cool programs. There are also opportunities to volunteer with our Museum scientists and learn about the research they do. For more information, please contact: Museum Volunteer Coordinator, Rebecca Fagan Coulter, rcoulter@sbnature2.org 682-4711 ext 107; or Sea Center Volunteer Coordinator, Stephanie Sanchez, scvolunteermanager@sbnature2.org 962-2526 ext 104. Teens interested in our four year science program, Quasars to Sea Stars, should contact quasars@sbnature2.org.

S.B. PARKS AND RECREATION www.santabarbaraca.gov/SummerFun/ Classes for sports, art, and fun– in addition to day camps to fit a variety of interests. Scholarships are available.

SANTA BARBARA PUBLIC LIBRARY System's FREE Teen Summer Reading Program begins June 11th and concludes July 31st. This year's program is titled "Groundbreaking Reads." To participate, come to the library to register and pick up a Program Log. Once you have the log, complete Log activities and start reading! For every book you read (up to 5 total) and set of Log activities completed, you have the option of getting a "Grab Bag" prize or entering the Grand prize raffle. The library also has volunteer opportunities for teens interested in helping our children's Summer Reading Program, as well as upcoming teen programs. For more information, visit www.sbplibrary.org/teens or call Jayne Lee at 805-564-5646.

SANTA BARBARA ZOO Do you like spending time with kids- love animals and need community service hours? At the Santa Barbara Zoo you can be a Counselor-in-Training (CIT) and assist adult camp counselors with the daily care and direction of 3 to 12 year olds. In between Zoo Camp, you can help out at special events such as Boo at the Zoo or Snow Leopard Festival. (Please delete the following à "If you are a regular volunteer for at least 6 months to a year, you can choose to be trained as a public educator and animal handler.") To apply you must be 13-17 years old. Online applications are available from January 1st to March 1st for the following summer at <http://www.sbzoo.org/teen-opportunities/178-how-to-start-volunteering-teens>. For more info, please visit <http://www.sbzoo.org/teen-opportunities> or contact the Volunteer Office at volunteer@sbzoo.org, or call (805) 962-5339 x 153.

SUMMER2MOVE PROGRAM A 5-week program providing a safe atmosphere to improve physical fitness, health knowledge, cooking skills, and self-confidence for youth entering 7th-12th grade and Class of 2013 high school graduates. Program takes place Mondays, Wednesdays, and Fridays from 12:00 to 2:00 pm (July 8th to August 9th) @ Sansum Diabetes Research Institute, 2219 Bath Street (also Oak Park and East Beach) COST: \$25 for the 5-week program Contact Rose Linehan at 682-7640 ext. 265 or rlinehan@sansum.org to sign up today!

TEEN COURT (Council on Alcoholism and Drug Abuse) www.cadasb.org (805) 730-7575 Offers community service opportunities for teens interested in the legal system, in addition to classes about the law, alcohol and drugs, and decision making. Community Service includes jury duty, where teens are empowered to hold their peers accountable for their actions in the courtroom. Jury Duty takes place in SB on Tuesday evenings 4:45 at Santa Barbara Superior Courthouse located 118 E. Figueroa St. In Carpinteria Jury Duty takes place every 3rd Wednesday of the month at the Carpinteria City Council Chambers at 5775 Carpinteria Avenue.

TWELVE35 TEEN CENTER, located on 1235 Chapala Street in Santa Barbara, has recently reopened as the Santa Barbara Police Activities League. PAL is continuing to provide a friendly, fun and safe after school center for local youth ages 11-19. Teen Center membership and participation in programs is absolutely free of charge. The center is reopening for the summer on June 17th 2013 and will be open Monday-Friday from 2:30 – 6:30 p.m. The center provides arcade games, video games, computer lab and ongoing seasonal programs. Check website for program schedule. For more information or to download the Teen Center registration form, please visit our website at www.sbpal.org, or call the center at (805) 882-1235. You can also find us on facebook for daily updates; Facebook search: PAL Teen Center.

UNITED BOYS & GIRLS CLUBS www.unitedbg.org 805-681-1315 Offer programs focusing on development in arts, education, music, sports, cooking, dance, and other recreational activities for Teens. Santa Barbara West Boys & Girls Club 602 W. Anapamu St. Santa Barbara, CA. Magda Arroyo 805-966-2811 Goleta Boys & Girls Club 5701 Hollister Ave. Goleta, CA. Joe Roderick 805-967-1612 Carpinteria Boys & Girls Club 4849 Foothill Rd. Carpinteria, CA. Rich Medel 805-684-1568

YOUTH INTERACTIVE- 209 Anacapa St. Santa Barbara www.youthinteractive.us Youth Interactive serves TEA (Technology, Entrepreneurship & Arts.) to youth 10 – 24 years old. Two Intensive Summer Programs begin July 15th and end August 15th, generally running from 10am – 5pm Mon- Sat (Schedules can vary for individual students.) **The Good News** summer program is FREE to students passionate about media/film/journalism. The youth taking part in this intensive summer media curriculum will be expected to carry on as proactive team members of the Good News into 2014. In our intensive summer program they will learn alongside media professionals how to professionally report, film and edit 'Good News' stories that are happening in our community. **The Mural Project** is FREE to all students and offers teens who are talented in arts the opportunity to be a part of a large scale mural being created in the Funk Zone. Students will be given the opportunity to work with professional and well-known mural artists and learn the process from start to finish of creating a large and relevant public art piece. (Limited spaces left). For more information email: info@media4good.org

OTHER PLACES TO GO AND HAVE FUN: ZODO's Bowling, the beach, the zoo, the skatepark, fishing at the pier, the Mall, the Art Museum, the Library, bicycling or playing sports at a park or school. In Ventura– Ice Skating, Roller skating, paint ball and more! Also, check out your school's career center for community service opportunities!!!